



COACH EDUCATION AND TRAINING PROGRAMME

JUNE—SEPTEMBER 2017

GENERIC COACH EDUCATION COURSES

Introduction to Multi Skills

Monday 12th June 2017, 6.30pm—9.30pm

Kelvin Hall, FREE

How to Coach Disabled People in Sport

Monday 19th June 2017, 6.30pm—9.30pm

Toryglen Regional Football Centre, £25 per candidate

Sports Injuries and First Aid

Saturday 24th/ Sunday 25th June 2017, 9am—5pm

Glasgow Green Football Centre, £70 per candidate

Sports Injuries and First Aid (6.30pm—9.30pm)

Wednesdays 2nd, 9th and Mondays 7th, 14th August

Glasgow club Tollcross, £70 per candidate

Safeguarding and Protecting Children

Tuesday 29th August, 6:30-9:30pm

Toryglen Regional Football Centre, £25 per candidate

Emergency First Aid at Work

Saturday 9th September 2017, 9am—5pm

Glasgow Club Tollcross, £40 per candidate

A Guide to Mentoring Sports Coaches

Monday 18th September 2017, 6.30pm—9.30pm

Kelvin Hall, £25 per candidate

Safeguarding and Protecting Children

Wednesday 14th June 2017, 6.30pm - 9.30pm

Scotstoun Stadium, £25 per candidate

Analyse your Coaching

Thursday 22nd June, 6.30pm—9.30pm

Glasgow Club Nethercraigs, £25 per candidate

Emergency First Aid at Work

Saturday 15th July 2017, 9am—5pm

Kelvin Hall, £40 per candidate

How to Coach Engaging Sessions to Young People

Wednesday 23rd August, 6.30pm—9.30pm

Glasgow Club Tollcross, £25 per candidate

Developing Multi Skills

Sunday 3rd, 10th September, 9am—5pm

Glasgow Club Tollcross, FREE

In Safe Hands

Thursday 14th September, 6.30pm-9.30pm

Scotstoun Stadium, £25 per candidate

Coaching Children (5-12)

Wednesday 20th September 2017., 6.30pm—9.30pm

Glasgow Green Football Centre, £25 per candidate



For more information on Coach Education and Training and the most up to date courses available contact Glasgow Sport on 0141 287 3884 or coaching@glasgowlife.org.uk



COURSE INFORMATION

How to Deliver Engaging Sessions to Young People will expand your knowledge of best coaching practice for 14-25 year olds. This age group has a large dropout rate and this practical based workshop will demonstrate how to build your participants self

Emergency First Aid at Work is a certificated 7 hour course which introduces the learner to key areas in First Aid. The course provides the skills and confidence to respond to a range of accidents and emergencies that they may encounter.

Introduction to Multi Skills is a 3 hour workshop that provides an introduction to the physical literacy pathway. A clear focus on fundamental movement is delivered as a precursor to the Developing Multi Skills course.

Safeguarding and Protecting Children will raise awareness of the tell tale signs of abuse whilst giving the learner the knowledge and confidence to deal with child protection issues in a sensitive and effective manner.

In Safe Hands works with Child Protection Officers and those in a position of leading a sports clubs to put in place policies and procedures for child protection issues. All candidates should attend Safeguarding and Protecting Children prior to this course.

Developing Multi Skills is a certificated 2 day course building on from an Introduction to Multi Skills. This course focuses on the development of physical literacy and also how sport can build upon a young person's social and personal skills.

In Safe Hands 2 is a follow up to the initial In Safe Hands workshop and should be attended 2/3 years after the first course. This workshop allows learners to reflect on child protection policy and procedure and ensure current practice is sufficient.

Coaching Children (5-12) targets coaches working with children of primary school age. The workshops allows coaches to reconsider the emphasis of their coaching and enhance the experience for young participants.

How to Coach Disabled People in Sport will show you that a few minor adjustments that your coaching can become more inclusive and effective whilst answering any questions regarding coaching people with a disability.

Analyse Your Coaching provides you as a coach time to reflect on your development and performance as a coach. Critical thinking, continuous self evaluation and self reflection are skills that can enhance your own coaching performance.

Sports Injuries and First Aid is a certificates 12 hour course which delivers an introduction to basic first aid with an additional focus on first aid within a sports environment. The course is perfect for first aiders within a sports club or environment.