

## **Girls Football at Glasgow Life - Sport**

### **Girls Only Session & Walking Football**



Every Thursday evening, we deliver our very popular participation session for girls aged 5 – 12 years at Toryglen Football Centre. These sessions focus on the fundamental skills and technique for beginners and has proven to be a very popular class as part of our participation programme.

In addition to this, we have recently launched a women's only walking football session at the Palace of Art which takes place every Friday morning. Again, this has seen a rapid growth since it kicked off with healthy numbers attending each week. More information about this Women's only Walking Football can be found [here](#).

### **Girls Secondary School League**

In partnership with PEPASS, Glasgow Sport Football Development co-ordinate and deliver the bi-weekly S1-S4 Girls Secondary School League at Toryglen on a Tuesday evening (Sep-Dec) & (Jan-Mar). This has been running for over a decade now and academic year 2021-22 saw 21 secondary schools throughout the city engage across the year. On average this was about 200 girls playing every second week.



As well as the leagues, we also host Christmas and Summer Cups for S1-S4 and S5/6 girls which again, in May 2022, seen 150 girls take part in a one-off day of tournament football.

### **Glasgow & District Youth Football League – Girls Activity**



In March 2022 we hosted the first ever girls only activity in partnership with the Scottish FA and the Glasgow & District Youth Football League. Weekly games take place at Toryglen every Saturday morning and when it first commenced in March, saw 3x U10 teams and 2x U8 teams participate. As the games programme has progressed, this has seen a rapid rise in participation where we now host 9x U10 teams and 5x U8 team which sees up to 120 girls taking part every week.