

# ROOKIE LIFEGUARD

## LEARN TO SAVE LIVES AND HAVE FUN - AT BELLAHOUSTON!

The RLSS UK's Rookie Lifeguard programme gives your child the skills to be confident in the pool or sea.

Fun and varied activities to explore the water safely.

### Monday - Friday

**9th-13th July**

**Bronze 2 — 11.00**

**Bronze 3 — 11.45**

**Silver — 12.30**

**30th July to 3<sup>rd</sup> Aug**

**Bronze 2 — 11.00**

**Bronze 3 — 11.45**

**Silver — 12.30**

**Contact Reception for booking details  
Glasgow Club Bellahouston 0142 276 0767**