

	TIME	ROOM
Monday		
Pollok Community Cafe	9.00am-2.00pm	Canteen
South West Mental Health Group	1.00-4.00pm	Lesser Hall
Burlex Fitness	10.00-11.00am	Room 1
Children's Play Club (age 5-12)	3.15-4.45pm	Main Hall
Gymnastics 3+	5.30-6.30pm	Main Hall
Bushido Karate	6.30-8.30pm	Lesser Hall
Bingo Club	7.00-9.00pm	Canteen
TKD	6.30-8.30pm	Room 1
Dance Technique	5.00-6.00pm	Main Hall
Zumba	7.30-8.30pm	Main Hall
Junior Lyrical	7.30-8.30pm	Room 2
Tuesday		
Pollok Community Cafe	9.00am-7.00pm	Canteen
Weightwatchers	9.30-11.30am	Lesser Hall
Mature Movers	12noon-1.00pm	Room 2
Pollok Art Group	1.00-3.00pm	Room 1
GL Falls Prevention	1.00-5.00pm	Lesser Hall
Jo Stelmaszuk School of Dance	4.30-6.00pm	Main Hall
Junior Choreography	5.00-6.00pm	Room 2 (5-10)
Senior Choreography	5.00-6.00pm	Room 1
Jo Stelmaszuk School of Dance	6.00-7.30pm	Room 1
Weightwatchers	6.00-8.00pm	Lesser Hall
Angela McDonald School of Dance	6.45-8.45pm	Main Hall
Highland Hustle	7.00-8.00pm	Room 3
AA Group	7.30-9.30pm	Room 2
Wednesday		
Pollok Community Cafe	9.00am-2.00pm	Canteen
AA Group	10.30am-12.30pm	Room 2
Boxing (2 Classes)	5.00-7.00pm	Lesser Hall
Baby Sensory (Class 1)	10.30-11.30am	Main Hall
Baby Sensory (Class 2)	11.30am-12.30pm	Main Hall
Junior Hip Hop	5.00-6.00pm	Room 1
Youth Pom/Dance	6.00-7.00pm	Room 1
Junior Pom/Dance	7.00-8.00pm	Room 1
TKD (2 classes)	6.30-8.30pm	Main Hall
Family Support Group	6.30-8.30pm	Room 4
Family Support Group	6.30-8.30pm	Room 4a
Thursday		
Pollok Community Cafe	9.00am-6.00pm	Canteen
Creative Writing	10.00am-12noon	Room 4
South West Mental Health Group	1.00-4.00pm	Lesser Hall
Jo Stelmaszuk School of Dance	4.30-6.00pm	Main Hall
Jo Stelmaczuk School of Dance	6.00-7.30pm	Room 1
Pollok Carers Group	6.00-8.00pm	Room 3
Bushido Karate Group (2 classes)	6.30-8.30pm	Lesser Hall

Magpie Yoga	7.00-8.00pm	Room 2
Angela McDonald School of Dance	7.15-9.15pm	Main Hall
Slimming World	7.00-9.00pm	Canteen
Jo's Adult Dance	7.30-8.30pm	Room 1
Friday		
Pollok Community Café	9.00am-2.00pm	Canteen
Little Amigos Toddler Group	10.30am-12noon	Main Hall
Pollok Tea Dance	1.00-3.00pm	Main Hall
Whiteacres Football (2 Classes)	4.00-6.00pm	Main Hall
Whiteacres Dance Group	4.00-7.00pm	Room 1
Children's ASD Karate Club	6.30-7.00pm	Main Hall
Saturday		
Pollok Community Café	10.00am-2.00pm	Canteen
Clubbercise	10.30-11.30am	Room 1
Angela McDonald School of Dance	10.30am-3.30pm	Main Hall
Surgery: Chris Stephens MP (3rd Saturday of month)	11.00am-12noon	Room 4A
Dr Chundry	9.00am-4.00pm	Room 4
Dr Chundry	9.00am-4.00pm	Room 4A
SAM Autistic Youth Club	12noon-4.00pm	Rooms 1/2
Sunday		
Closed		

Programme correct at April 2018.

If visiting for a specific activity, please call the centre in advance to confirm it is running as scheduled.

Having a party or organising a club?

Pollok Community Centre has rooms available for hire for a variety of uses including children's birthday parties, social functions, community and social groups and commercial activities.

To book or get more information, please phone us on 0141 882 5869.