November to December 2026

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Sunday	01/11/2026	✔	✔	✔	✔	✔	✔	✔	
Monday	02/11/2026	✖	✖	✖	✖	✖	✖	✖	*Set-up Karate
Tuesday	03/11/2026	✖	✖	✖	✖	✖	✖	✖	*Set up Karate
Wednesday	04/11/2026	✖	✖	✖	✖	✖	✖	✖	*Set up Karate
Thursday	05/11/2026	✖	✖	✖	✖	✖	✖	✖	*Commonwealth Karate Championships
Friday	06/11/2026	✖	✖	✖	✖	✖	✖	✖	*Commonwealth Karate Championships
Saturday	07/11/2026	✖	✖	✖	✖	✖	✖	✖	*Commonwealth Karate Championships
Sunday	08/11/2026	✖	✖	✖	✖	✖	✖	✖	*Commonwealth Karate Championships
Monday	09/11/2026	✖	✖	✖	✖	✖	✖	✖	*De-rig Karate
Tuesday	10/11/2026	✖	✖	✖	✖	✖	✖	✖	*De-rig Karate
Wednesday	11/11/2026	✔	✔	✔	✔	✔	✔	✔	
Thursday	12/11/2026	✔	✔	✔	✔	✔	✔	✔	
Friday	13/11/2026	*Unavailable 6pm -10pm	✔	*Unavailable 6pm -10pm	✔	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up SSAA
Saturday	14/11/2026	✖	✖	✖	✖	✖	✖	✖	*SSAA
Sunday	15/11/2026	✖	✖	✖	✖	✖	✖	✖	*SAIL
Monday	16/11/2026	✔	✔	✔	✔	✔	✔	✔	
Tuesday	17/11/2026	✔	✖	✔	✖	✔	✔	✔	*Set-up Badminton
Wednesday	18/11/2026	✔	✖	✔	✖	✔	✔	✔	*Set-up Badminton
Thursday	19/11/2026	✔	✖	✔	✖	✔	✔	✔	*Badminton Championships
Friday	20/11/2026	✔	✖	✔	✖	✔	✔	✔	*Badminton Championships
Saturday	21/11/2026	✔	✖	✔	✖	✔	✔	✔	*Badminton Championships
Sunday	22/11/2026	✔	✖	✔	✖	✔	✔	✔	*Badminton Championships
Monday	23/11/2026	✔	*Unavailable 6am -9am	✔	*Unavailable 6am -9am	✔	✔	✔	*De-rig Badminton
Tuesday	24/11/2026	✔	✔	✔	✔	✔	✔	✔	
Wednesday	25/11/2026	✔	✔	✔	✔	✔	✔	✔	
Thursday	26/11/2026	✔	✔	✔	✔	✔	✔	✔	
Friday	27/11/2026	✔	✔	✔	✔	✔	✔	✔	
Saturday	28/11/2026	✔	✔	✔	✔	✔	✔	✔	
Sunday	29/11/2026	✔	✔	✔	✔	✔	✔	✔	
Monday	30/11/2026	✖	✖	✖	✖	✖	✖	✖	*Event set-up

Key:

✔	Available for Training - from 9am
✖	Unavailable for Training
*	Slight Access Changes - see end column for details

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Tuesday	01/12/2026	✖	✖	✖	✖	✖	✖	✖	*Event set-up
Wednesday	02/12/2026	✖	✖	✖	✖	✖	✖	✖	*Event set-up

Thursday	**03/12/2026**	✗	✗	✗	✗	✗	✗	✗	*Event set-up & Gymfest
Friday	**04/12/2026**	✗	✗	✗	✗	✗	✗	✗	*Music Event
Saturday	**05/12/2026**	✗	✗	✗	✗	✗	✗	✗	*Event de-rig & SAIL set-up
Sunday	**06/12/2026**	✗	✗	✗	✗	✗	✗	✗	*SAIL 2
Monday	**07/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Tuesday	**08/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Wednesday	**09/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Thursday	**10/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Friday	**11/12/2026**	*Unavailable 6pm -10pm	✔	*Unavailable 6pm -10pm	✔	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up GAA Yuletide
Saturday	**12/12/2026**	✗	✗	✗	✗	✗	✗	✗	*GAA Yuletide
Sunday	**13/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Monday	**14/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Tuesday	**15/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Wednesday	**16/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Thursday	**17/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Friday	**18/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Saturday	**19/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Sunday	**20/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Monday	**21/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Tuesday	**22/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Wednesday	**23/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Thursday	**24/12/2026**	✔	✔	✔	✔	✔	✔	✔	
Friday	**25/12/2026**	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Saturday	**26/12/2026**	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Sunday	**27/12/2026**	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Monday	**28/12/2026**	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Tuesday	**29/12/2026**	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Wednesday	**30/12/2026**	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Thursday	**31/12/2026**	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times

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