

ADULT TENNIS PARTICIPATION PROGRAMME 2019

VENUE	DAY	TIME	SESSION TYPE	AREA
SCOTSTOUN	MONDAY	1-3pm	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		6-7pm	BEGINNER COACHING	INDOOR TENNIS HALL
GORBALS		7-8pm	BEGINNER COACHING	INDOOR TENNIS HALL
SCOTSTOUN		7-8pm	INTERMEDIATE COACHING	INDOOR TENNIS HALL
SCOTSTOUN		8-9pm	ADVANCED COACHING	INDOOR TENNIS HALL
SCOTSTOUN	TUESDAY	9am -12pm	LIFESTYLE SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS		6-7pm	TENNIS TUESDAYS	INDOOR TENNIS HALL
SCOTSTOUN		7-9pm	SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS		7-9pm	SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS	WEDNESDAY	9am -12pm	LIFESTYLE SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		9am -12pm	SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS		6-7pm	CARDIO TENNIS	INDOOR TENNIS HALL
GORBALS		7-9PM	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN	THURSDAY	10am-12pm	LADIES MATCHPLAY	INDOOR TENNIS HALL
SCOTSTOUN		2-4pm	MENS MATCHPLAY	INDOOR TENNIS HALL
GORBALS		6-7pm	INTERMEDIATE COACHING	INDOOR TENNIS HALL
GORBALS		7-9pm	ADVANCED COACHING	INDOOR TENNIS HALL
SCOTSTOUN		7-9pm	TENNIS XPRESS	INDOOR TENNIS HALL
GORBALS	FRIDAY	10am-12pm	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		9-10am	SOCIAL TENNIS	INDOOR TENNIS HALL

BLOCK 1 – Monday 7TH January – Saturday 16TH February **(6 weeks)**

SESSION	COST
	ADULT / CONCESSION
SOCIAL TENNIS	£6.50 / £4.50 (PAYG)
LIFESTYLE SOCIAL TENNIS	£3.50 / £3.00 (PAYG)
ADULT COACHING	£9.00 / £7.00 (Block Booking)
TENNIS XPRESS	10.00 / £8.00 (PAYG) (Block Booking)
CARDIO TENNIS	£5.00 / £3.00 (PAYG)
TENNIS TUESDAYS	£5.00 / N/A (PAYG online*)
LADIES / MENS MATCHPLAY	£6.50 / £4.50 (PAYG)

*Tennis Tuesdays – PAYG (online only. www.tennistuesdays.co.uk)