

DECEMBER 2025 to JANUARY 2026

Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Monday	01/12/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	02/12/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	03/12/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	04/12/2025	✓	*Unavailable 8am -3pm	✓	*Unavailable 8am -3pm	✓	✓	✓	*Gymfest
Friday	05/12/2025	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up SSAA
Saturday	06/12/2025	✗	✗	✗	✗	✗	✗	✗	*SSAA
Sunday	07/12/2025	✗	✗	✗	✗	✗	✗	✗	*SAIL 2
Monday	08/12/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	09/12/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	10/12/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	11/12/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	12/12/2025	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up GAA Yuletide
Saturday	13/12/2025	✗	✗	✗	✗	✗	✗	✗	*GAA Yuletide
Sunday	14/12/2025	✗	✗	✗	✗	✗	✗	✗	*Hyrox
Monday	15/12/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	16/12/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	17/12/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	18/12/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	19/12/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	20/12/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	21/12/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	22/12/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	23/12/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	24/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times
Thursday	25/12/2025	✗	✗	✗	✗	✗	✗	✗	*Venue Closed
Friday	26/12/2025	✗	✗	✗	✗	✗	✗	✗	*Venue Closed
Saturday	27/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times
Sunday	28/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times
Monday	29/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times
Tuesday	30/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times
Wednesday	31/12/2025	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Festive Holiday Opening Times

Key:	
✓	Available for Training - from 9am
✗	Unavailable for Training
*	Slight Access Changes - see end column for details

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Thursday	01/01/2026	✗	✗	✗	✗	✗	✗	✗	*Venue Closed
Friday	02/01/2026	✗	✗	✗	✗	✗	✗	✗	*Venue Closed
Saturday	03/01/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	04/01/2026	✗	✗	✗	✗	✗	✗	✗	*GAA Miler Meet
Monday	05/01/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	06/01/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	07/01/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	08/01/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	09/01/2026	*Unavailable 7pm -9pm	✓	*Unavailable 7pm -9pm	✓	*Unavailable 7pm -9pm	*Unavailable 7pm -9pm	*Unavailable 7pm -9pm	*Bellahouston Harriers
Saturday	10/01/2026	*Unavailable 9am -12pm & 2pm-6pm	✓	*Unavailable 9am -12pm & 2pm-6pm	✓	*Unavailable 9am -12pm & 2pm-6pm	*Unavailable 9am -12pm & 2pm-6pm	*Unavailable 9am -12pm & 2pm-6pm	*Bellahouston Road Runners & SA event set-up
Sunday	11/01/2026	✗	✗	✗	✗	✗	✗	✗	* SA National Open
Monday	12/01/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Tuesday	13/01/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Wednesday	14/01/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Thursday	15/01/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Friday	16/01/2026	✗	✗	✗	✗	✗	✗	✗	*Celtic Connections
Saturday	17/01/2026	✗	✗	✗	✗	✗	✗	✗	*Celtic Connections
Sunday	18/01/2026	✗	✗	✗	✗	✗	✗	✗	*De-rig Celtic Connections
Monday	19/01/2026	✗	✗	✗	✗	✗	✗	✗	*De-rig Celtic Connections
Tuesday	20/01/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	21/01/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	22/01/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	23/01/2026	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up SA event
Saturday	24/01/2026	✗	✗	✗	✗	✗	✗	✗	*SA Indoor Seniors & U17 Champs
Sunday	25/01/2026	✗	✗	✗	✗	✗	✗	✗	*SAIL 3
Monday	26/01/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	27/01/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	28/01/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	29/01/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	30/01/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	31/01/2026	✗	✗	✗	✗	✗	✗	✗	*SA EAP International

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