



JUMPING

I can jump on the spot

I can jump forward and land with my feet together

I can jump over an object, like a beanbag

I can leap by jumping off on one foot and landing on the other

I can hop on one leg on the move

STICKER WHAT MOVES YOU CAN DO!



STICKER WHAT MOVES
YOU CAN DO!

BIG MOVE

I can **jump** and land in a target, like
a hula hoop

WEE MOVE

I can **make** my dinosaurs dance

BALANCE MOVE

I can **walk** and lift my knees really high,
like a giraffe

HEALTHY MOVE

I can **brush** my teeth twice in one day

