



## THROWING

I can throw a scarf or beanbag to my partner

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I can throw a large or small ball to my partner

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I can throw a ball or beanbag with one hand

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I can throw a ball or beanbag into a hoop or target

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I can overhand throw

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**STICKER** WHAT MOVES YOU CAN DO!



## BIG MOVE

I can **throw** something using an overhand throw

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## WEE MOVE

I can **throw** a beanbag from one hand to the other

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## BALANCE MOVE

I can **stand** on one leg and throw a beanbag to a partner

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## HEALTHY MOVE

I can **eat** 5 pieces of fruit and/or veg in one day

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**STICKER** WHAT MOVES YOU CAN DO!

