



## CATCHING

**STICKER** WHAT MOVES  
YOU CAN DO!

I can throw a balloon / scarf in the air  
and catch it with two hands

I can catch a ball thrown by my partner

I can catch a balloon / scarf up high

I can catch a ball down low

I can catch a bouncing ball



## BIG MOVE

I can **run** and catch a beanbag or ball on the move

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## WEE MOVE

I can **stack** and unstack a set of marker cones

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## BALANCE MOVE

I can **stand** on one leg and catch a beanbag or ball

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## HEALTHY MOVE

I can **help** my parent prepare a healthy meal

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**STICKER** WHAT MOVES YOU CAN DO!

