



Sir Chris Hoy Velodrome Timetable 01 Oct - 30 Dec 2018



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	WEEK 1
0700 - 0800	Adult Accredited Drop-In	Adult Accredited Drop-In	Closed	Closed Track Maintenance	Adult Accredited Drop-In	Closed	Closed	Weeks Beginning: 08/10/2018 22/10/2018 05/11/2018 19/11/2018 03/12/2018 17/12/2018
0800 - 0900	Adult Accredited Drop-In	Adult Accredited Drop-In	Adult Accredited Drop-In		Adult Accredited Drop-In			
0900 - 1000	Adult Accredited Drop-In	Adult Accredited Drop-In	Adult Accredited Drop-In		Adult Accredited Drop-In	Family Session**	Scottish Cycling	
1000 - 1100	CED*	Education	Education		Individual Pursuit Session	Junior Accred 1 8 - 15 yrs		
1100 - 1200	CED*				CED/Corporate Session*	Adult Accred 2		
1200 - 1300	Adult Accredited Drop-In	Adult Accredited Drop-In	Coach Led Workout		Adult Accredited Drop-In	CED/Corporate Session*		
1300 - 1400	CED/Corporate Session*	Education	Para Cycling Tandem & Solo	Adult Accredited Drop-In	Education	Junior Accredited Drop-In	Please check with venue/app as these sessions may change weekly	
1400 - 1500	CED/Corporate Session*		Para Cycling Tandem & Solo	Coach Led Workout		Adult Accredited Drop-In		
1500 - 1600	CED/Corporate Session*	Scottish Cycling	Universities	Scottish Cycling	Corporate Session*	Adult Accredited Drop-In	Scottish Cycling	
1600 - 1700	Junior Accred 1 8 - 15 yrs		Universities		Corporate Session*	DST Sprint Session		
1700 - 1800	Under 14 Dev Session		Accred Progression		Junior Accred Drop In			
1800 - 1900	Youth Development Session	Adult Accred 1	Scottish Cycling	Para Cycling Beginner Tandem & Solo	Team Pursuit	Closed	Club Session	
1900 - 2000		Adult Accred 1		Para Cycling Experienced Tandem & Solo				
2000 - 2100	Adult Accredited Drop-In	DST Endurance Session		Adult Accred 2	Youth Programme			
2100 - 2200	Adult Accredited Drop-In			Adult Accredited Drop-In			Closed	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday***	Sunday	WEEK 2	
0700 - 0800	Adult Accredited Drop-In	Adult Accredited Drop-In	Closed	Closed Track Maintenance	Adult Accredited Drop-In	Closed	Closed	Weeks Beginning: 01/10/2018 15/10/2018 29/10/2018 12/11/2018 26/11/2018 10/12/2018 24/12/2018	
0800 - 0900	Adult Accredited Drop-In	Adult Accredited Drop-In	Adult Accredited Drop-In		Adult Accredited Drop-In				
0900 - 1000	Adult Accredited Drop-In	Adult Accredited Drop-In	Adult Accredited Drop-In		Adult Accredited Drop-In	Family Session**	Scottish Cycling		
1000 - 1100	CED*	Education	Education		Individual Pursuit Session	Junior Accred 1 8 - 15 yrs			
1100 - 1200	CED*				CED/Corporate Session*	Adult Accred 3			
1200 - 1300	Adult Accredited Drop-In	Adult Accredited Drop-In	Coach Led Workout		Adult Accredited Drop-In				CED/Corporate Session*
1300 - 1400	CED/Corporate Session*	Education	Para Cycling Tandem & Solo		Adult Accredited Drop-In	Education	Adult Accredited Drop-In		Corporate Session*
1400 - 1500	CED/Corporate Session*		Para Cycling Tandem & Solo		Coach Led Workout		Adult Accredited Drop-In		Adult Accred 4
1500 - 1600	CED/Corporate Session*	Scottish Cycling	Universities		Scottish Cycling	Corporate Session*	Para Cycling Tandem & Solo		
1600 - 1700	Junior Accred 1 8 - 15 yrs		Universities			Corporate Session*	Youth Development Session		
1700 - 1800	Under 14 Dev Session		Accred Progression	Junior Accred 1 8 - 15 yrs					
1800 - 1900	Youth Development Session	Derny Accrediation	Scottish Cycling	Adult Accred 1	Junior Accred 2	Closed	Scottish Cycling or Club Sessions		
1900 - 2000	Youth Development Session	Derny Session		Adult Accred 1	Womans Only Session				
2000 - 2100	Adult Accredited Drop-In	DST Endurance Session		Adult Accredited Drop-In	Youth Programme				
2100 - 2200	Adult Accredited Drop-In			Adult Accredited Drop-In				Closed	

* These group sessions must be pre-booked. For more information about these sessions, please submit your enquiry to glemiratesarena@glasgowlife.org.uk

** Family Sessions – 2 children to 1 adult Ratio, 45 minute sessions 09:15 – 10:00

Please check the App for updates on the Sunday sessions as this may change weekly

Please note there will be an alternative timetable from Mon 24 Dec - Mon 31st Dec

Junior Accred 3 is on Sun 4 Nov 4 - 6 pm, Sun 9 Dec 1 - 3 pm & Sun 3 Feb 1 - 3pm

Junior Accred 4 is on Sun 25 Nov 1 - 3 pm, Sun 6 Jan 1 - 3 pm & Sun 3rd Feb 1 - 3pm

Please note due to Special Events the usual timetable will not go ahead on the following dates:

Fri 9 - Sun 11 Nov & Sat 1 Dec

