

Volunteering with Chest Heart and Stroke Scotland

An opportunity for Glasgow Life Employees via Employer Supported Volunteering Policy

What tasks will I be asked to help with?

Kindness Caller – to provide regular 'kindness' calls and a check-in service for people who are worried, scared or lonely because of self-isolation

Community Kindness Supporter – to help with deliveries of shopping and essentials to people in need and dog walking.

Kindness Driver – undertaken in line with Govt guidelines.

Digital Kindness Supporter – to share health messages far and wide.

Where will I be based?

Depending on the role, you may be home based, offering phone support or delivering shopping and essential roles in your local community

What hours am I required?

To be confirmed by Chest, Heart and Stroke volunteer manager

Is a car provided?

No, drivers are asked to have access to a car.

Are out of pocket expenses paid?

Yes

Will training be provided?

All volunteers will receive training.

Interested in volunteering with Chest, Heart and Stroke?

1. Discuss with your line manager to confirm if your role contributes to essential services. If you are not an essential services worker, you can apply to volunteer.
2. If line manager approves, complete the [ESV online form](#) . View list of agreed host organisations online <https://www.glasgowlife.org.uk/volunteer-with-us>
3. The volunteering staff team will pass on your details to the voluntary organisation and the organisation will contact you directly regards next steps.
4. Employees on volunteering leave must still report to Glasgow Life line manager in line with our policies and procedures in relation to maximising attendance and annual leave. Employees must also notify their host organisation in relation to this if they are unable to attend their volunteering shift.

5. After the volunteering leave is completed, employees should complete a post – ESV report online. <https://surveys.glasgowlife.org.uk/s/EmployerSupportedVolunteering/>.
6. This will help monitor the outcomes of Employer Supported Volunteering opportunities and the impact of volunteering as an employee organisation in relation to this if they are unable to attend their volunteering shift.