



### Current guidelines for using outdoor tennis courts

We have made a number of changes in our practices to ensure the safety of players and staff. Please read the following guidelines carefully before playing at a Glasgow Life tennis court.

### Opening Times

Site	Opening Times		1 Hour 5 Min Intervals	
			First Booking	Last Booking
Kelvingrove	Mon - Fri	9:00am – 9:00pm	9:00am	7:50pm
	Sat - Sun	9:00am – 5:00pm	9:00am	3:30pm
Queens Park	Mon - Fri	10:00am – 9:00pm	10:00am	8:45pm
	Sat - Sun	10:00am – 5:00pm	10:00am	3:35pm
Knightswood	Mon - Fri	10:00am – 8:00pm	10:00am	6:45pm
	Sat - Sun	9:00am – 5:00pm	9:00am	3:30pm

### Play must be booked

Glasgow Life outdoor tennis courts are now for BOOKED PLAY ONLY, there is no turn-up-and-play. This is to manage numbers so we ensure players and staff comply with social distancing rules.

Book can be made online at [myglasgow.club/outdoor](https://myglasgow.club/outdoor)

### Before your match

- Remember to **book online in advance**
- Only two people per booking.

### Arriving and waiting to play

- The clubhouse, locker room and toilet facilities will remain closed.
- Please arrive no earlier than five minutes before play starts. You must stay outside the venue until it is safe to enter and the previous players have left.
- If you wish, bring your own hand sanitiser to use throughout play.
- Take all your own equipment (do not share equipment such as rackets, grips, hats or towels).
- Only take the minimum amount of equipment with you that you need to play.
- Bring a full water bottle, and do not share food or drink with others.
- Bring your own tennis balls that are clearly marked (e.g. with your initials).

### During play

- Stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play).

- Do not make physical contact with other players (such as shaking hands or high five).
- Stay on your side of court and avoid changing ends, or agree to change ends at opposite sides of the net.
- Only use your own clearly marked tennis balls.
- Avoid using your hands to pick up tennis balls that are not yours. Use your racket or foot to hit or kick them to your opponent or return them to another court.
- Avoid using other equipment such as courtside benches, net handles or court sweepers where possible.
- Be aware that any onsite toilet facilities will not be open.
- Avoid chasing the ball down to another court if other players are using it.
- You should always practice safe hygiene. Cover coughs and sneezes with disposable tissues or clothing and wash or sanitise your hands after. Avoid touching your face and mouth to reduce the chance of passing an infection to yourself.

### **After play**

- Ensure you take all your belongings with you at the end of the session and do not leave anything on court.
- Please leave the venue immediately. This is to allow the next players to be able to observe social distancing.
- The locker facilities will be closed so please take all your equipment with you.

***Thank you for taking the time to read these guidelines. Keep safe and enjoy your match.***