

Hi All

Well, we have some good news to share!! We have finally been authorised to pilot health walks with extra measures to keep everyone safe. We will work with volunteers over the next week or two and aim to have a few walks starting in September and rolling it out over the next month. We are also delighted to let you know that there will be a programme of Themed Walks in September too! So, watch this space!

Please see below this week's updates.

### [Glasgow Life Venues Reopening](#)

Glasgow Life (GL) is entering its next phase of reopening in the wake of the lockdown prompted by the coronavirus pandemic. On Tuesday (11 August) Ibrox, Pollokshaws and Shettleston libraries reopened to the public. Planning also continues for the reopening of Kelvingrove Art Gallery and Museum (w/c 17 August), Partick Library (w/c 24 August) and the Riverside Museum (w/c 31 August). Easterhouse, Drumchapel and Gorbals Libraries will also reopen w/c 31st August.

Proposed dates for the reopening of some GL sports and arts venues throughout August and early September are being revised following the Scottish Government's announcement that these venues must remain closed until at least Monday 14 September.

As one of Scotland's largest charities, Glasgow Life is at the heart of Glasgow's communities, delivering some of the city's most used and most valued services. In 2019/20, more than 18m attendances were recorded across their venues and events. For the latest update and more info on which venues will open and when as well as what to expect when you get there, visit <https://bit.ly/2U6usMg>

### [Get Closer to Nature](#)

Paths for All have pulled together a plethora of activities, adventures and online tools to help you get closer to nature. Visit <https://www.stepcount.org.uk/blog/closer-to-nature> for full details.

### [Lots of Improvements on the Forth & Clyde Canal](#)

If you go down to the canal today, you are sure of a big surprise!! At the Applecross Basin a new boardwalk is being installed opposite the towpath as part of ongoing path network developments at the Hamiltonhill Claypits

<https://bit.ly/2PTqCTO>

Then, further north, the long awaited bridge at Stockingfield Junction has been granted planning meaning a traffic free link along the canal to Lambhill and beyond. Furthermore, Scottish Canals also plans to develop paths and benches on the north bank linking up to Ruchhill Golf Course linking Maryhill, Ruchill and Gilshochill communities. More details can be found at <https://bit.ly/31OAKfS>

So, all very exciting!

### **Regeneration of Canals can Improve Community Health**

Scottish Canals has carried out groundbreaking research revealing the regeneration of canals and rivers in cities around the world can positively impact health and health inequalities – leading to a decrease in mortality rates in surrounding locations, and reducing the gap between deprived and affluent communities.

Good news for us and it means we get investment and longterm improvements like the ones mentioned above! For more info visit <https://www.scottishcanals.co.uk/news/regeneration-of-canals-can-boost-community-health/>

### **Metal Detectorist uncovers Bronze Age artefacts**

During lockdown, metal detectorists had more time than usual to indulge their hobby. And one in the Scottish Borders stumbled across a hoard of Bronze Age artefacts! A complete horse harness and sword was uncovered by Mariusz Stepien at a site near Peebles in June allowing experts to see for the first time how Bronze Age harnesses were assembled.

Emily Freeman, head of the Crown Office's Treasure Trove Unit, said it was "a nationally-significant find." find out more at <https://bbc.in/2E6h8C8>

### **The Big Library Read**

Big Library Read connects readers around the world with the same book at the same time without any waitlists or holds. Borrow *The Darwin Affair* to join the book club discussions.

Big Library Read is running August 3 - 17. Check out all the details at;

<https://bit.ly/31OAtjq>

### **Best Wishes**

**Heather, Michelle & Barry**

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