

## Themed Walks Sept 2020

Join us for FREE 1-hour led walks hearing about the local history and enjoying the wildlife and architecture along the way.

Small group sizes and Covid-19 guidelines compliant.

**Please note there are 2 walks per day – 11am and 12.20pm.**

### **BOOKING ESSENTIAL**

- Wed 2<sup>nd</sup> City Centre, 11am and 12.20pm  
Explore Glasgow Green  
Meet: Barrack St, by entrance to Morrison's Car Park
- Mon 7<sup>th</sup> North Glasgow, 11am & 12.20pm  
Sighthill Cemetery and the redevelopment of the area.  
Meet: St Rollox Industrial Estate, by Tesco
- Tues 15<sup>th</sup> East Glasgow, 11am & 12.20pm  
Cuningar Loop and Clyde Walkway  
Meet: Dalmarnock Rd, by pedestrian entrance to Tesco car park
- Wed 23<sup>rd</sup> South Glasgow, 11am & 12.20pm  
Pollokshaws and Pollok Park  
Meet: Riverford Rd, By Lidl
- Tues 29<sup>th</sup> West Glasgow, 11am & 12.20pm  
River Kelvin and the Clyde  
Meet: Outside Partick Train Station



For more info and to book please email [glasgowhealthwalks@mail.com](mailto:glasgowhealthwalks@mail.com)  
or call: 07554 459402

**GOOD MOVE**  
Sit Less, Move More

- You can book a maximum of 2 walks per person and go on the waiting list for others
- Please bring a face covering with you
- Please wear comfortable shoes and dress for the weather
- children need to be accompanied by an adult
- If a walker needs one to one support we ask that they bring a buddy with them