

## Innovate your Practice

Innovation is essentially *'anything that adds value'*.  
**Continuous Improvement** is about making small consistent efforts or innovations to our ways of doing things.  
 The maths say it all ...

Doing nothing at all

$$(1.00)^{365} = 1.00$$

VS

Making small consistent  
efforts / innovations

$$\underline{\underline{(1.01)^{365}}} = 37.7$$



The most successful athletes use this psychology to improve their performance and be the best they can be.

Keep an eye out for our new **Innovation Strategy Toolbox** with **Supporting Training** which is coming soon. This will provide learning on how we can continuously improve our approach around delivering these small changes as well as bigger more transformational changes.



Innovation is the ability to see change as an opportunity - not a threat

- Steve Jobs

