

**Vitality Timetable – Glasgow**  
**Week commencing 02 August 2021**

Class	Venue	Postcode	Day	Time	Instructor	Comments
SnB Circuit	Glasgow Club Drumchapel	G15 8NS	Monday	10.30am – 11.15am	Fran Tait	<a href="#">Starts 02/08.21</a>
SnB Circuit	Glasgow Club Bellahouston	G52 1HH	Tuesday	10.15am – 11.15am	Lisa Sullivan	<a href="#">Starts 03/08/21</a>
SnB Circuit	GC Tollcross Wellshot Halls	G32 7QP	Tuesday	12.00pm – 1.00pm	Lisa Sullivan	<a href="#">Starts 03/08/21</a>
SnB Circuit	Glasgow Club Springburn	G21 1JY	Tuesday	2.00pm – 3.00pm	Michelle Palgrave	<a href="#">Starts 03/08/21</a>
SnB Circuit	Glasgow Club Castlemilk	G45 9NH	Wednesday	2.00pm – 3.00pm	Sylvia Campbell	<a href="#">Starts 04/08/21</a>
SnB Circuit	Glasgow Club Scotstoun	G14 9HQ	Thursday	2.30pm – 3.30pm	Allan Duncan	<a href="#">Starts 05/08/21</a>
Step In Circuit	Glasgow Club Drumchapel	G15 8NS	Monday	10.30am - 11.15am	Fran Tait	<a href="#">Last class 26/07/21</a>
Step in Circuit	Glasgow Club Springburn	G21 1JY	Monday	11.30am - 12.30pm	Michelle Palgrave	
Step In Circuit	Glasgow Club Gorbals	G5 0YP	Monday	1.45pm - 2.45pm	Lauren Campbell	
Step In Circuit	Glasgow Club Castlemilk	G45 9NH	Wednesday	2.00pm - 3.00pm	Sylvia Campbell	<a href="#">Last class 28/07/21</a>
Step In Circuit	Glasgow Club Springburn	G21 1JY	Wednesday	12.30pm - 1.30pm	Michelle Palgrave	
Step In Circuit	Glasgow Club Pollok	G53 6EW	Thursday	2.15pm - 3.15pm	Sylvia Campbell	
Step In Circuit	Glasgow Club Scotstoun	G14 9HQ	Thursday	2.30pm - 3.30pm	Allan Duncan	<a href="#">Last class 29/07/21</a>
Step In Circuit	Glasgow Club Bellahouston	G52 1HH	Friday	2.00pm - 3.00pm	Allan Duncan	
Step In Circuit	Glasgow Club Castlemilk	G45 9NH	Friday	10.45am - 11.45am	Michelle Palgrave	
Step Up Circuit	Glasgow Club Scotstoun	G14 9HQ	Monday	2.00pm - 3.00pm	Allan Duncan	
Step Up Circuit	Glasgow Club Tollcross	G32 7QR	Monday	12.15pm - 1.15pm	Lauren Campbell	
Step Up Circuit	Glasgow Club Bellahouston	G52 1HH	Wednesday	12.30pm - 1.30pm	Sylvia Campbell	