

Get Active Glasgow Fund – Information and Eligibility Guide

Glasgow Life is committed to using sport and physical activity to tackle health inequalities and promote equality, diversity and inclusion, as outlined in the [Active Glasgow Physical Activity and Sport strategy 2025 - 2035](#)

Through the **Get Active Glasgow Fund**, we aim to empower communities by supporting local clubs and organisations to develop inclusive, sustainable initiatives that help Glasgow residents of all ages and abilities get active, stay healthy and thrive.

Whether it's grassroots programmes that improve access to sport, initiatives that support inactive individuals or projects that address local barriers to participation, this fund is here to help make physical activity more accessible and impactful across the city.

Supported by the **London Marathon Foundation** and **sportscotland**, the fund offers financial support ranging from £1,000 to £5,000 for eligible projects.

Who Can Apply

Eligible applicants must be:

- Constituted community clubs
- Community sports hubs
- Organisations based within the Glasgow City Council boundary delivering sport and physical activity opportunities

Ineligible applicants include:

- Individuals or sole traders
- For-profit organisations
- Unconstituted groups
- National Governing Bodies
- Schools
- Organisations based outside the Glasgow City Council boundary

What will the fund support

Funding can be used for a wide range of activities that promote physical activity, with a focus on new initiatives that reduce barriers and engage underserved groups.

Eligible costs include:

- Sports Equipment
- Coach and Volunteer Training
- Facility Hire and Minor Facility Improvements
- Transport Costs
- Event Delivery Costs
- Coaching Fees and Expenses
- Membership Subsidies and Hardship Support

The fund **cannot** support:

- Community groups and organisations based outside Glasgow City Council boundary
- Projects or costs that have already commenced (retrospective funding)
- Activities that have already received funding from another source
- Large Scale Building Works
- General running costs, including staff salaries or ongoing facility expenses
- Any expenditure incurred before a formal grant decision is issued

What kind of projects will Get Active Glasgow support

All application will be considered but we want to see projects that are based on need and clearly identify the role of the funding to get more people active.

Projects that establish new activity and target underserved groups, noted below, will be prioritised.

- Children and Young People
- People from ethnically diverse backgrounds.
- LGBTQI+ communities
- Communities facing financial hardship (SIMD 1 and 2)
- Women and Girls
- People with Disabilities
- Older Adults
- People with long-term health conditions
- Inactive People

Application Process

To apply for the Get Active Glasgow Fund:

1. Read the Information and eligibility document thoroughly
2. Prepare your information in advance using the Step-by-step application guide. Please note that you cannot save progress in the online form but it has been simplified for ease of completion.
3. Complete the online application form, providing details of your project, budget and expected impact
4. Attach supporting documents:
 - Governing Document (e.g. Constitution)
 - Proof of suitable bank account (e.g. bank statement in the organisation's name)

Where to Apply

Applications must be submitted via the online application form

Application Deadlines

Get Active Glasgow is an ongoing, year-round fund. Applications are reviewed monthly by our funding panel.

To be considered, please submit your application by the end of each month.

The dedicated funding panel will comprise of representatives from partner organisations involved in the delivery the fund. Their role is to ensure applications are assessed fairly, transparently and in line with the fund's strategic aims.

Funding decisions will be communicated within three weeks of the submission deadline.

Assessment Criteria

Applications are assessed based on:

- Impact - Who will benefit for the project? Will it get more people active?
- Community Need – Does the project address a clear gap? Provide new activity or opportunity?
- Sustainability – Will the initiative have lasting benefits?
- Inclusivity – Does it engage underrepresented groups?
- Link to Active Glasgow – The Physical Activity and Sport Strategy for Glasgow

Eligibility Assessment

As part of the application process, all applicants must provide:

- Evidence of the organisation's governance structure (e.g. constitution or legal status)
- Proof of a suitable club/organisation Bank Account

And there is an expectation your organisation will have the following documents in place:

- Appropriate Safeguarding and Vulnerable Groups policy and procedures
- Appropriate insurance cover for all activities being delivered

Monitoring & Evaluation

All funded projects will contribute to the fund's core outcomes and will be asked to report on the following areas:

- Children, young people and adults become more active.
 - Number of people reporting increased levels of physical activity
- Children, young people and adults have positive experiences of being active.
 - Number of people who report they enjoy being active.
 - Number of people who report that they feel safe, confident, and empowered when/by taking part in physical activity.

All successful applicants must:

- Spend awarded funding within 12 months of the grant being issued
- Submit a written Project Report upon completion of the project, including the following information:
 - Photographs of the project in action
 - Testimonials from participants, parents or organisation members
- Actively encourage participants to complete an anonymous online survey which will track physical activity levels, experiences and demographic information.
- Share regular updates on social media, tagging Glasgow Life, **sportscotland** and London Marathon Foundation
- Project Reports will be submitted via an online form provided by Glasgow Life. We will use feedback and reporting data to assess the overall success of the fund and ensure continued community benefit.

A copy of the [project report](#) and participant survey [participant survey](#) is available here for you to review. Please note that updated links to these documents will be provided when reports are due.

Contact Us

We look forward to working with you and supporting your project. If you require further information or guidance or if there's anything we can do to support your access needs, please contact:

Email: grants@glasgowlife.org.uk

Get Active Glasgow Fund - supporting Glasgow's Physical Activity and Sport Strategy 2025–2035

Launched in June 2025, this strategy aims to build a happier, healthier and more active Glasgow by making physical activity and sport accessible to all.

Glasgow's strength lies in its people, their resilience, unity and determination. This strategy builds on that legacy, promoting wellbeing through collaboration across communities, organisations and institutions.

At its heart is a simple message: physical activity and sport are for everyone. Together, let's make Glasgow stronger, healthier and more active.

[Active Glasgow Physical Activity and Sport strategy 2025-2035](#)