

Get Active Glasgow – Project Report

Thank you for delivering a project supported by the Get Active Glasgow Fund. This short report helps us understand the impact of your work and how we can continue to support physical activity across the city.

Please make sure you add images to help show your project in action.

If you have any questions or would like to send through additional information, please contact us at grants@glasgowlife.org.uk

Fund Outcomes & Measurements:

- Children, young people, and adults become more active.
 - Number of people reporting increased levels of physical activity
- Children, young people, and adults have positive experiences of being active.
 - Number of people who report they enjoy being active.
 - Number of people who report that they feel safe, confident, and empowered when/by taking part in physical activity.

Name of Organisation:

Contact Person:

Email:

Your Project: What activities did your project deliver?

Please summarise your project, the activities you delivered, your progress and confirm whether you met key activities and outcomes. (max. 300 words)

Your Project: How did your project help people to become more active?

Explain how you got participants more active. For example, this could be by reducing barriers, creating new opportunities or increasing motivation. (max. 200 words)

Your Project: What difference did your project make?

Please tell us about the difference your funded activities have made and the impact they have had on the participants you have supported.

You should refer to the fund aim and outcomes that you have measured. (max. 300 words)

Case study

Please provide a case study or impact story that demonstrates the difference your project has made to an individual or group of people.

Please include quotes from participants and family members that helps to share their experience and the difference your project has made.

Include photographs that can help visually showcase the activities involved in your project, think about how it can make your impact more engaging and easier to understand.

Community impact

Please tell us about the impact your project has had in the local community including the partners engaged, volunteer involvement and the growth or development of your club or organisation.

Project Challenges

Please highlight any challenges that you have faced and how you overcame them.

Learning

What learning have you taken from this fund?

Project Participants

This section aims to collect data on the participants who took part in your project.

We acknowledge the impact projects have on coaches, volunteers and young leaders qualifications/professional development. Therefore, we have included questions to evaluate these areas.

1. In total, how many distinct participants took part in your project?

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2. Please enter the number of participants that took part in your project by **age**.

under 5 years	
5 to 12 years	
13 to 17 years	
18 to 24 years	
25 to 64 years	
65 plus	
Prefer not to say	
Unknown	
Total	

3. Please enter the number of participants that took part in your project by **sex**.

Male	
Female	
Prefer not to say	
Unknown	
Total	

4. In total, how many **new** coaches, volunteers and/ or young leaders were recruited through your project?

Coaches	
Volunteers	
Young Leaders	

Please remember to attach any photographs or social media posts that demonstrates the impact or delivery of your project.

Thank you for taking the time to complete this report.