

July to August 2026

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Wednesday	01/07/2026	✓	✓	*Unavailable 7am -7pm	✓	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Lights Service
Thursday	02/07/2026	✓	✓	*Unavailable 7am -7pm	✓	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Lights Service
Friday	03/07/2026	✓	✓	*Unavailable 7am -7pm	✓	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Unavailable 7am -7pm	*Lights Service
Saturday	04/07/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	05/07/2026	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Unavailable 5pm -8pm	*Set-up CWG 2026
Monday	06/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Tuesday	07/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Wednesday	08/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Thursday	09/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Friday	10/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Saturday	11/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Sunday	12/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Monday	13/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Tuesday	14/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Wednesday	15/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Thursday	16/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Friday	17/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Saturday	18/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Sunday	19/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Monday	20/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Tuesday	21/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Wednesday	22/07/2026	✗	✗	✗	✗	✗	✗	✗	*Set-up CWG 2026
Thursday	23/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Friday	24/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Saturday	25/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Sunday	26/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Monday	27/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Tuesday	28/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Wednesday	29/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Thursday	30/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics
Friday	31/07/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics

Key:

✓	Available for Training - from 9am
✗	Unavailable for Training
*	Slight Access Changes - see end column for details

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Saturday	01/08/2026	✗	✗	✗	✗	✗	✗	✗	CWG 2026 Gymnastics

Sunday	02/08/2026	×	×	×	×	×	×	×	CWG 2026 Gymnastics
Monday	03/08/2026	×	×	×	×	×	×	×	*De-rig CWG 2042
Tuesday	04/08/2026	×	×	×	×	×	×	×	*De-rig CWG 2043
Wednesday	05/08/2026	×	×	×	×	×	×	×	*De-rig CWG 2044
Thursday	06/08/2026	×	×	×	×	×	×	×	*De-rig CWG 2045
Friday	07/08/2026	×	×	×	×	×	×	×	*De-rig CWG 2046
Saturday	08/08/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	09/08/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	10/08/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	11/08/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	12/08/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	13/08/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	14/08/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	15/08/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	16/08/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	17/08/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	18/08/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	19/08/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	20/08/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	21/08/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	22/08/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	23/08/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	24/08/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	25/08/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	26/08/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	27/08/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	28/08/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	29/08/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	30/08/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	31/08/2026	✓	✓	✓	✓	✓	✓	✓	

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×	Unavailable for Training
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