



**"...Maximise your  
Academic and  
Sporting Potential..."**

**"Excel in Education  
and Sport"**

**"...Be the very best  
Hockey Player you  
can be..."**



**The Glasgow School of Sport**

# **HOCKEY PROGRAMME**

# Start your journey to Hockey Excellence Today



## Introducing our School

- Glasgow School of Sport is Scotland's first School dedicated to Sporting excellence at Bellahouston Academy and supported by Scottish Government
- Widely recognised as a National Centre of Excellence since 1998
- Leading the way in providing opportunities for young people in Scotland to develop their sporting talents as part of their Education
- Located in Glasgow, however pupils at the GSOS travel from 15 local authorities across Scotland to attend
- The 5 Sports of Gymnastics, Badminton, Athletics, Swimming and Hockey offer opportunities to talented, enthusiastic, focused and driven young athletes

## Hockey Programme at a glance

- Focus on developing technical core skills and tactical/Game aspects of hockey
- Outdoor training at the National Hockey Centre at Glasgow Green and Indoor hockey training at the Glasgow School of Sport
- Holistic programme for the development of young hockey players through and individualised approach to programme development and delivery
- Aims to encourage each pupil to reach their full sporting and academic potential
- Sessions led by High Performance Coaches Harry Dunlop and Euan Miller



## Are you Motivated, Focused and Committed?

### If Yes our Entry points are for

- Primary 7s who play hockey regularly for a Club for the S1 Selection process
- S2s, S4s and S5s who represent Clubs, District, BRAVE and Aspiring / Emerging Squad for S3, S5 and S6 Selection process

## Curriculum for Excellence

### *The formula that allows you to Excel*

- Breadth, Balance, Personalisation and Choice
- Options at S2 into S3 and S4/S5 into S5/S6
- Daily Sports contact of hockey and strength and conditioning
- Increasing sport contact as pupils progress through school
- S1/S2 pupils experience all practical subjects over 2 years
- PE at National 4/5 is an option in S4 and Higher/Advanced Higher is an option in S5 and S6
- Subject choice for GSOS pupils in S3 and S4 is tailored from 8 to 6 subjects.
- Subject choice for GSOS pupils in S5/S6 from a maximum of 5 to 4 or 3.



**BELLAHOUSTON ACADEMY  
AND GSOS IN PARTNERSHIP**

# Represent your Country?

14 of our graduates have and 2 have played for Great Britain

Are you next?

If you are inspired to apply to join the GSOS Hockey programme

Please get in touch



## Key dates

- GSOS Open Day in November
- Applications forms must be submitted by mid-January
- Sport Selection trials in February
- Final Interviews and Outcomes in March
- S3/S4/S5/S6 start in June
- S1 in August

**Glasgow**life  
Sport

Images courtesy of Commonwealth Team Scotland

## Contact Details

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