



### **Norman Armstrong – Freewheel North – Community Champion**

Norman Armstrong, the founder and director of FWN is a true community champion with social inclusion and social justice for all at the heart of everything he does. Starting out in 2008 originally as a one man band with a small collection of adapted bikes and a huge vision, he is now director of a thriving third sector organisation with two Glasgow cycling bases , FWN Glasgow Green and FWN The Whitehouse (with annexe at the Maryhill Hub). From humble roots and a steely determination Norman has created the hugely successful operation they now are, employing staff and managing many volunteers. Their main aim is working towards creating a fairer, healthier society by enabling people of all ages and abilities to cycle as part of their everyday life.

A massively dynamic individual able to juggle a multitude of projects and attract funding from a variety of sources. It's no wonder that FWN have been chosen by the Government to pilot a special project for servicing and maintaining adapted bikes as part of the government's year long Rock Up & Ride scheme. FWN will benefit from up to £250k worth of funding to get this off the ground and if successful they may be able to roll out this specialist service regionally.

FWN are also currently applying to the Sportscotland Cycling Facilities Fund with proposals to build an inclusive cycling and learn to ride track with storage at the Maryhill Hub – if successful this will mean there will be 2 inclusive cycling venues in Glasgow and many more to come amongst Norman's long-term vision.

Both Glasgow Green and The Whitehouse also have great cafes in situ that serve the entire community and just yesterday FWN on the green welcomed 95 cyclists from London who arrived in Glasgow to help protest the effects of climate change for the start of Cop26. From hosting meetings, to delivering cycling to adults and children with Additional Learning Needs and physical disabilities, to teaching kids how to ride a bike, to leading rides, to maintaining bikes, to being shortlisted for the Glasgow Times Community Champion Awards 2021- there is simply no stopping this organisation and the Tour Du Force that is Norman Armstrong.



To find out more [www.freewheelnorth.org.uk](http://www.freewheelnorth.org.uk)