

## Successful Glasgow Life walking football tournament attracts more than 80 teams and 700 players from across the UK

At Glasgow Life we are delighted to host the inaugural Glasgow Walking Football Trophy 2022 at Toryglen Regional Football Centre in April 2022.

Held over four days, some 80 teams, comprising more than 700 players from as far afield as Durham, Newcastle, Northumberland, and Middlesbrough, travelled to the city to compete. The event featured competitions for players aged over 50 and 60, with women only and mixed age/gender teams as well as a non-competitive walking football festival for those who just wanted to give it a go.

After a tremendous effort, our own Glasgow Life team claimed victory in the over 60's event. Pictured are some of the team captains being presented with their trophies.

All of the teams taking part embodied the friendly spirit of walking football, with the event welcoming several special guests including former Scottish professional footballers Murdo MacLeod, Bobby Russell, Rose Reilly MBE, Rhonda Jones and Jim McCalliog as well as Vivienne MacLaren, the Chair of Scottish Women's Football (SWF). Football Memories Scotland were also on hand to give players the opportunity to reminisce with iconic football memorabilia and there was even a visit from the illustrious Scottish Cup itself to inspire the players.



Following the huge success of this year's event our Football Participation Officer, Matt Ramsay, and the team are looking forward to hosting more walking football events in the future with our annual Glasgow Cup events taking place in August and November later this year.

*Matt Ramsay – 'this inaugural event has been a huge success and it was great to welcome teams from England up to take part for the first time. There was a real buzz about the place and excitement over the 4 days and it is great that we can see up to 700 people, aged 40-80 take part in sport and physical activity.'*

Colin (Drumchapel Utd) – *"it was a great opportunity to meet like-minded people from all across the country and afar. Little did I know a few years ago that I would be back playing football at the age of 70! There's still life in the old dog yet! Here's hoping this will encourage others to get out there and give it a go!"*



To find a Walking Football session near you, [visit our website here](#)