

Give it a Go Glasgow – Club Open Doors 2026 Guidance Notes

With the excitement of the World Cup and Glasgow successfully hosting the Commonwealth Games, we are encouraging Glaswegians to continue to be active across a range of opportunities in the city.

Glasgow Life is excited to launch Give it a Go Glasgow – Club Open Doors 2026 is a city wide celebration of sport and physical activity, which aims to bring together clubs, community organisations and physical activity provides across Glasgow to showcase opportunities available in the city for 3 to 26 year olds.

Supported through the **Summer of Sport 2026** programme, Glasgow Life are supporting clubs and organisations to open their doors, welcome new participants and inspiring more people to get active. To take part, we'd like your club or organisation to open at least one FREE session over the two week period, that will be open to new participants from your local community. To help make this a special occasion we'll support you with £250 of funding to help you make it that extra bit special for those giving your club a go on the night.

Taking place from **Monday 7th September 2026 to Sunday 20th September 2026**, this celebration aims to support more Glaswegians taking part in and discovering local activities. By local clubs and physical activity organisations opening their doors to welcome new participants, they are playing a fundamental role inspiring new opportunities to be active, welcome new participants and the discovery of local clubs and organisations.

By increasing visibility of local opportunities, this campaign aims to reduce barriers to physical activity and sport by encouraging young people to become and remain active. This directly supports the ambitions of the [Active Glasgow Physical Activity and Sport Strategy 2025 – 2035](#) where Glasgow Life aims to create a city where residents can be active regardless of age, background or ability.

Who can apply?

Eligible organisations must be:

- Constituted community clubs / organisations delivering sport and physical activity.
- Constituted sports clubs
- Community Sport Hubs
- Organisations based in and delivering sport and physical activity within the Glasgow City boundary

Ineligible organisations include:

- Individuals
- Organisations delivering activity out with Glasgow
- Organisations not delivering sport or physical activity
- For-profit organisations
- Schools
- Unconstituted groups
- National Governing Bodies

What will the fund support?

Funding can be used to aid a wide range of opportunities to best support your organisation's sessions throughout this celebration of sport and physical activity.

Eligible costs include:

- Delivery costs
- Improving access
- Refreshments
- Marketing and promotion

This fund cannot support:

- Items of personal equipment or strips / playing kit
- Costs already covered by other funding awards
- Capital costs
- Activities which take place beyond September 2026.
- Any expenditure incurred before a formal funding award issued.

What kind of project will this festival of activity support?

All eligible applications will be considered. We want to see sessions which are targeting people aged 3 to 26 year olds to support access to sport and physical activity.

Application process

To apply to be part of this city wide celebration of sport and physical activity, organisations must:

1. Read the information provided and eligibility document
2. Complete an online application form providing all details requested. Please note you cannot save progress in the online form.
3. Attach governing document (e.g. Constitution)
4. Attach proof of sustainable bank account (e.g. bank statement in the organisation's name).

Where to apply

Applications must be submitted via the online application form on this page.

Application deadlines

Applications open on Tuesday 4th of August 2026 and close on Sunday 16th of August 2026.

Assessment criteria

Applications are based on:

- Delivery within the Glasgow City boundary.
- Sessions that directly target people aged 3 to 26 year olds.
- Sessions that take place during the celebration's timescales.

Eligibility assessment

In addition to the application process, all applicants must provide:

- Evidence of the organisation's governance structure (e.g. Constitution or legal status)
- Proof of suitable club / organisation bank account
- Expectation that your organisation will have the following documents in place:
 - Appropriate PVG and disclosure checks
 - Appropriate Safeguarding, insurance and qualified coaches procedures.
 - Appropriate insurance cover for all activities being delivered.

Monitoring and evaluation

All funded projects will contribute to the fund's outcomes and will be asked to provide a monitoring and evaluation report.

As part of our commitment to Summer of Sport, sportsScotland and Research Scotland request that all projects complete the following surveys:

- Deliverers survey (coaches / volunteers delivering)
- Parents and carers of participants
- Participants (optional)

Organisations are encouraged to share updates on social media.

Please ensure you have read the guidance above and click here to apply

<https://glasgowlife.sportsuite.co.uk/forms/view/clubopendoors2026>