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| **Monday** | **Time** | **Room** |
| Bees Cafe | 0900-2000 | Canteen |
| Early Years Scotland | 0900-1200 | Main Hall |
| Early Years Scotland | 1230-1630 | Main Hall |
| T.K. D | 1700-1800 | Lesser Hall |
| W/Watchers | 1700-1900 | Main Hall |
| Bushido Karate | 1830-2030 | Lesser Hall |
| T.K.D | 1930-2030 | Main Hall |
| **Tuesday** | **Time** | **Room** |
| Bees Cafe | 0900-2000 | Canteen |
| Early years Scotland  | 0900-1200 | Main hall  |
| Virtual School | 0900-1800 | Room 4A |
| BeWell-Glasgowlife | 1000-1130 | Lesser Hall |
| Pollok Art Group | 1300-1500 | Room 1 |
| Jo- Dance | 1630-1830 | Main Hall |
| DTX Dance | 1700-1800 | Room 1 |
| DTX Dance | 1700-2100 | Lesser Hall |
| DTX Dance | 1800-2000 | Room 3 |
| Art Class | 1830-2030 | Room 2 |
| Jo- Dance | 1830-1930 | Room 1 |
| Angela-Dance | 1830-2030 | Main Hall |
| **Wednesday** | **Time** | **Room** |
| Bees Cafe | 0900-2000 | Canteen |
| Work Right /St Pauls  | 0900-1400 | Room 1 |
| Moo Music | 0930-1330 | Room-2 |
| Virtual School | 0900-1700 | Lesser Hall |
| Home Care | 1230-1330 | Room-3 |
| REIKI -Sessions | 1000-1600 | Room-4 |
| Enable Scotland  | 1630-1730 | Main Hall  |
| Dance practice  | 1830-1930 | Room 1  |
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| A.A Group | 1900-2100 | Lesser Hall |
| Gavin Dancing | 1800-2100 | Main Hall |

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**Opening Times: Monday – Friday 9am –9.00 pm**

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| **Thursday** | **Time** | **Room** |
| Bees Cafe | 0900-2000 | Canteen |
| Home care | 1030-1130 | Room-4a |
| Home Helps | 1100-1200 | Room 4 |
| Ragtag- Sewing Club | 1100-1400 | Room 3 |
| Huntington Support Group (First Thursday of the Month | 1345-1645 | Room-4 |
| SNP (1ST Thursday of the Month) | 1800-2000 | Room 4a |
| Gavin Dancing | 1730-1800 | Room 2 |
| Jo- Dance | 1630-1830 | Main Hall |
| Jo- Dance | 1830-2030 | Room 1 |
| Bushido Karate | 1830-2030 | Lesser Hall |
| Angela-Dance | 1830-2030 | Main Hall |
| **Friday** | **Time** | **Room** |
| Bees Cafe | 0900-2000 | Canteen |
| Thrive Under Fives | 0900-1200  | Main Hall |
| REIKI- Sessions | 1000-1700 | Room-4 |
| Virtual School | 1100-1600 | Lesser Hall |
| Tea Dance | 1230-1430 |  Main Hall |
| Gavin Dancing | 1600-1700 | Room 1 |
| Gavin Dancing | 1600-1700 | Room 2 |
| Gavin Dancing | 1700-1800 | Lesser Hall |
| Gavin Dancing | 1800-2000 | Room 1 |
| Gavin Dancing  | 2000-2100 | Main Hall |
| ZUMBA | 1800-1900 | Main Hall |
| Aikido | 1830-2030 | Lesser Hall |
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**Opening Times: Monday – Friday 9.00am – 9.00pm**