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| **Monday** | **Time** | **Room** |
| Barlanark After School Care | 8.00am to 6.00pm | BOSC |
| Sandaig Primary School | 9.00am to 4.00pm | Sports Hall |
| Friends of Barlanark / Springboig Gardening  | 9.30am to 2.00pm | Community Garden |
| Glasgow Life ESOL Class | 10.00am to 12.00pm | Multi-Purpose Room 3 |
| Glasgow Life ESOL Class | 1.00pm to 3.00pm | Multi-Purpose Room 3 |
| Centre Stage | 4.00pm to 6.00pm | Dance Studio |
| Meta Fit | 6.00pm to 7.00pm | Multi-Purpose Room 3 |
| Jade Adam School of Dance | 7.00pm to 8.00pm | Dance Studio |
| Clubercise | 7.00pm to 8.00pm | Main Hall & Theatre |
| Chloe’s Fitness Class  | 6.00pm to 7.00pm | Sports Hall |
| Steven’s Fitness Class | 7.00pm to 8.00pm | Sports Hall |
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| **Tuesday** | **Time** | **Room** |
| Barlanark After School Care | 8.00am to 6.00pm | BOSC |
| Sandaig Primary School | 9.00am to 4.00pm | Sports Hall |
| Good Moves/Glasgow Life Walking Group | 11.00am to 1.00pm | Multi-Purpose Room 3 |
| Studio C Dance & Performing Arts | 4.00pm to 9.00pm | Dance Studio |
| Centre Stage Dance Group | 4.00pm to 7.00pm | Main Hall & Theatre |
| Mini Kickers  | 4.00pm to 8.00pm | Sports Hall |
| Glasgow Life Fusion Youth Group | 6.00pm to 8.00pm | Multi-Purpose Room 1 |
| Eclipse Dancing | 6.00pm to 9.00pm | Multi-Purpose Room 2 |
| Nan’s Fitness  | 6.00pm to 7.00pm | Multi-Porpose Room 3 |
| Glasgow East Juniors Rugby Group | 6.00pm to 8.00pm | Sports Hall |
| Friends of Barlanark/Springboig Monthly Meeting (2nd Tuesday) | 6.30pm to 8.00pm | Multi-Purpose Room 3 |
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| **Wednesday** | **Time** | **Room** |
| Barlanark After School Care | 8.00am to 6.00pm | BOSC |
| Sandaig Primary School | 9.00am to 4.00pm | Sports Hall |
| Mustard Seed Baby & Toddler Group | 9.00am to 11.00am | Multi-Purpose Room 2 |
| Sandaig Primary School Assembly | 9.30am to 10.30pm | Main Hall & Theatre |
| Weight Watchers | 12noon to 2.00pm | Multi-Purpose Room 2 |
| Arthritis Care Scotland Monthly Meeting | 1.00pm to 2.00pm | Multi-Purpose Room 3 |
| Circuit Training Class | 6.00pm to 7.00pm | Sports Hall |
| Eclipse Dance Group | 6.00pm to 8.30pm | Dance Studio |
| Sandaig PTA Meeting (last Wednesday of month) | 6.30pm to 8.30pm | Multi-Purpose Room 3 |
| Eclipse Dance Group | 7.00pm to 9.00pm | Multi-Purpose Room 2 |
| Clubercise | 7.00pm to 8.00pm | Main Hall & Theatre |
| Arthritis Care Scotland | 7.00pm to 9.00pm | Multi-Purpose Room 3 |

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| **Thursday** | **Time** | **Room** |
| Barlanark After School Care | 8.00am to 6.00pm | BOSC |
| Sandaig Primary School | 9.00am to 4.00pm | Sports Hall |
| Sandaig Primary School (guidance session) | 9.00am to 1.00pm | Multi-Purpose Room 3 |
| Friends of Barlanark/Springboig Gardening | 9.30am to 2.00pm | Community Garden |
| Explorers Club | 3.00pm to 5.00pm | Multi-Purpose Room 2 |
| Dog Training | 5.30pm to 7.30pm | Gym Hall |
| Centre Stage | 4.00pm to 6.00pm | Main Hall & Theatre |
| ZUMBA | 6.00pm to 7.00pm | Dance Studio |
| Yoga  | 6.00pm – 7.00pm | Multi-purpose Room 2 |

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| **Friday** | **Time** | **Room** |
| Barlanark After School Care | 8.00am to 6.00pm | BOSC |
| Sandaig Primary School | 9.00am to 4.00pm | Sports Hall |
| Mustard Seed Crafts | 10.00am to 12.00pm | Multi-purpose Room 2 |
| Tai Chi | 11.00am to 12.00noon | Dance Studio |
| Studio C Gymnastics Class | 4.00pm to 6.00pm | Multi-Purpose Room 2 |
| Ladies Boxing Fitness Class | 5.00pm to 6.00pm | Sports Hall |